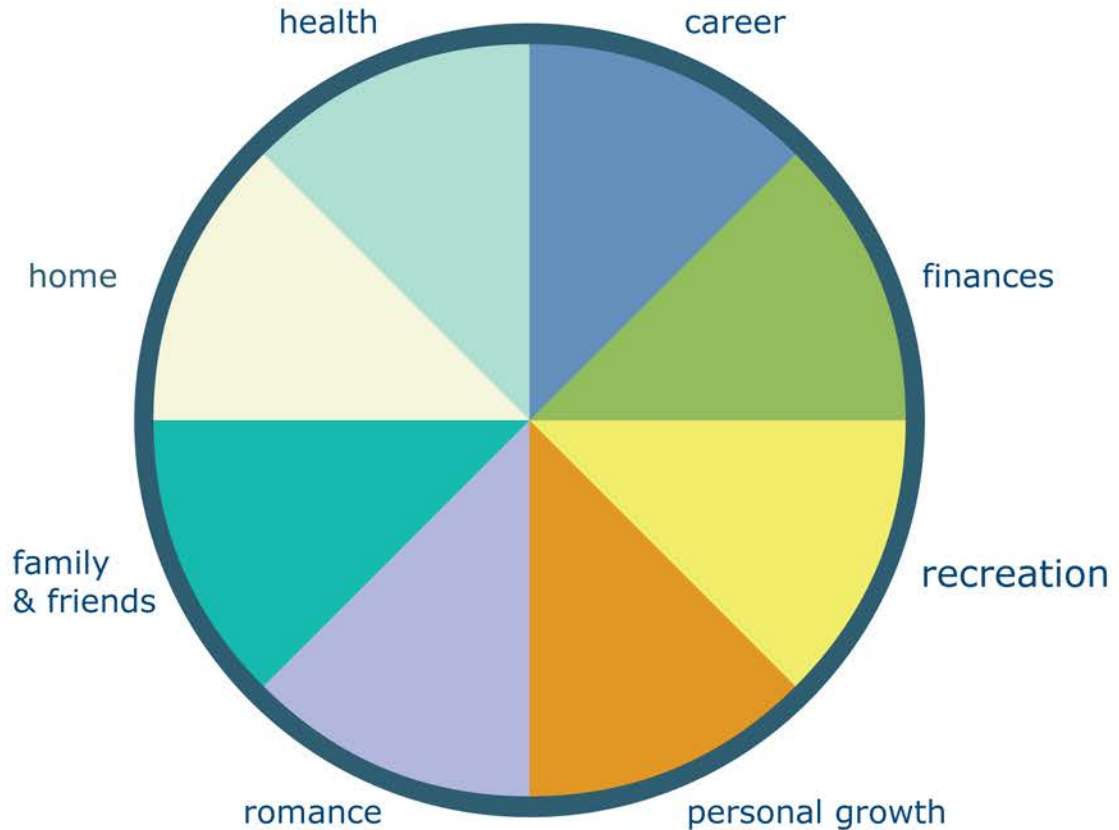




Greatview  
coaching

*perspective & purpose*

## Window of Life



*Use this tool to explore what's going on in your life right now.  
Are you satisfied with each of the areas that matter most to you?*

Print this page. The center of the window is zero and the outer edges equal 10. Rank your level of satisfaction (0 being least and 10 being most satisfied...see example) by drawing a line in each section. The new perimeter gives you a view of your life and how it's functioning. What do you notice? Think about what you'd like to change and how you might go about making some adjustments to your view. Coaching can support you as you take action in the areas where you're not fully satisfied.

### For more information

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sample wheel completed

